#### **KEY OUTCOMES**

- 1.Child centred music making is developed
- 2.Increased parent voice in programme design
- 3.Improved practice for EY practitioners and musicians
- 4.Improved music making in Children Centres, schools and nurseries
- 5. Enhance learning and information sharing between EY practitioners, musicians and partners



**Embracing the** absence of a specified, measurable outcome



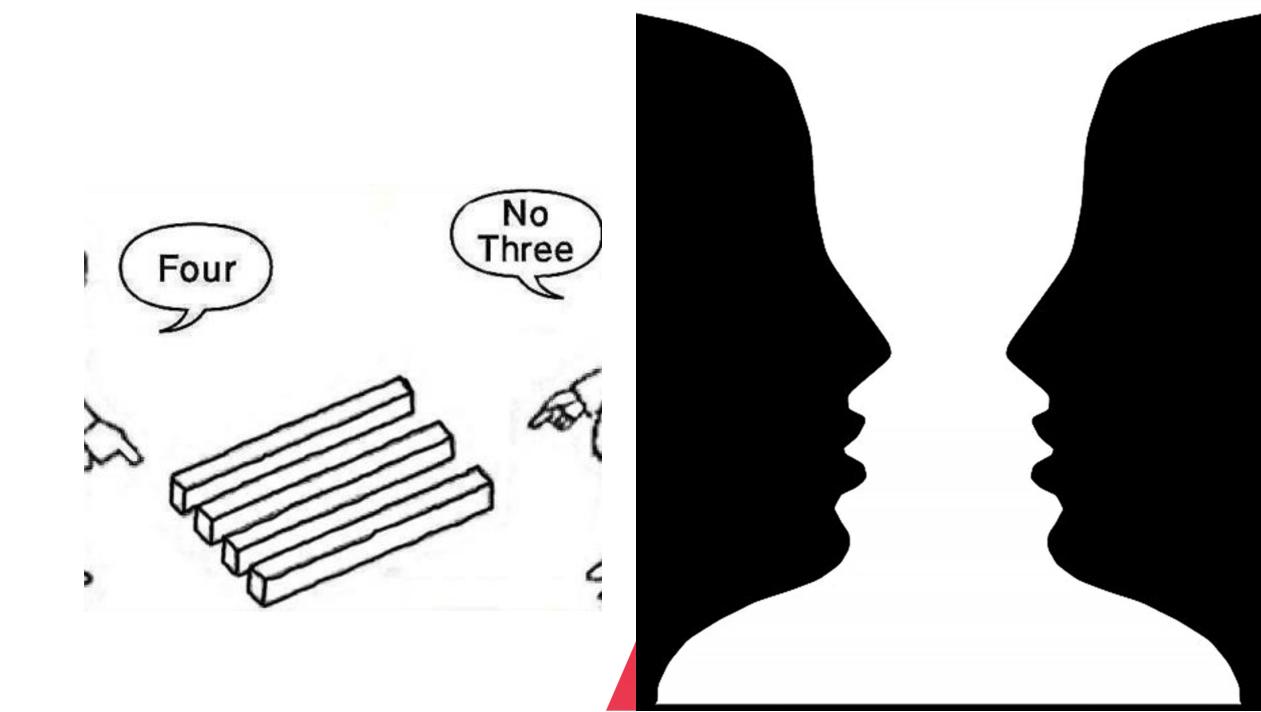




### Unconditional positive regard

popularized by the humanistic psychologist Carl Rogers in 1956

the basic acceptance and support of a person regardless of what the person says or does







LEARNER



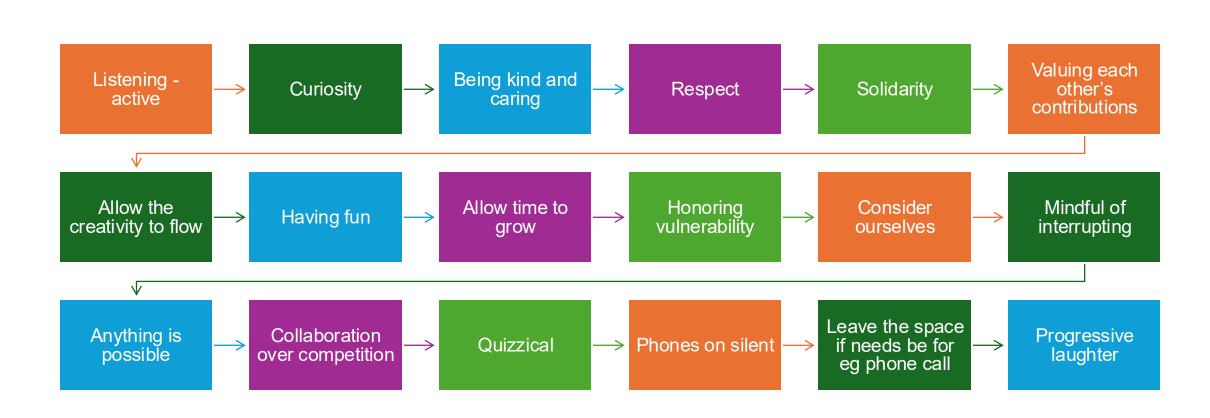
### **Going Inwards**

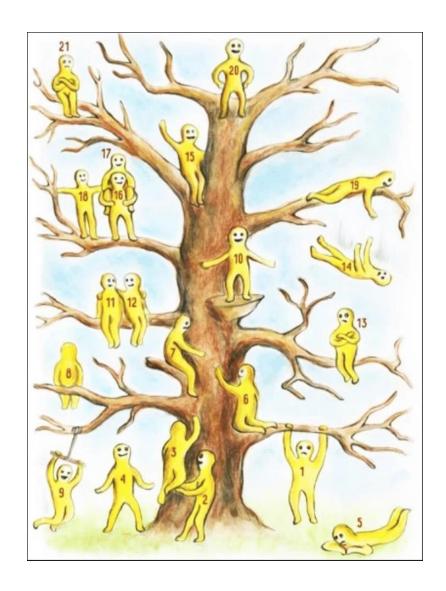
"The more doors you've opened in yourself, the more other people will feel in their presence, oh ok, I'll open some doors."

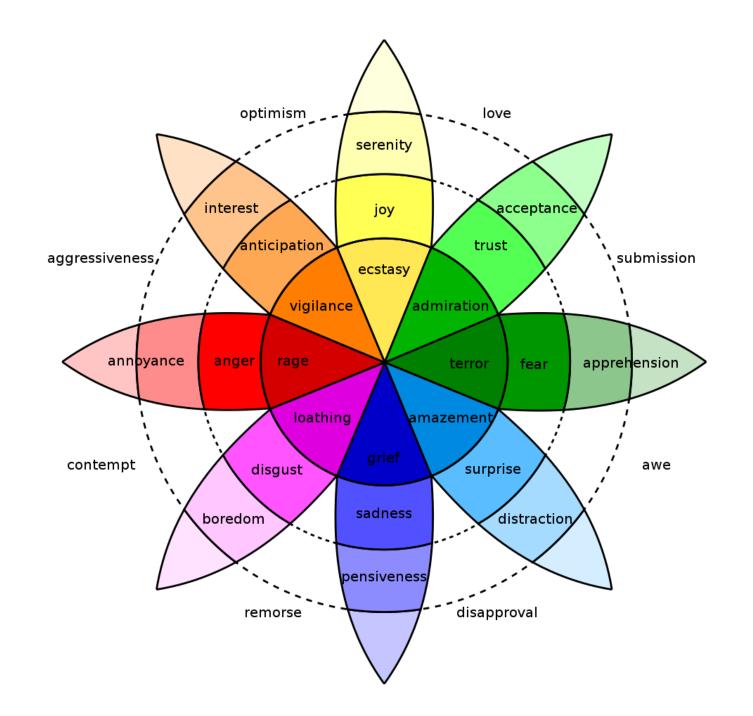
Alain de Botton,
Founder of The School of Life,
September 2025.



# Group contract/boundaries







## Marc Brackett Yale Center for Emotional Intelligence

Enraged	Panicked	Stressed	Jittery	Shocked	Surprised	Upbeat	Festive	Exhilarated	Ecstatic	
Livid	Furious	Frustrated	Tense	Stunned	Hyper	Cheerful	Motivated	Inspired	Elated	
Fuming	Frightened	Angry	Nervous	Restless	Energized	Lively	Excited	Optimistic	Enthusiastic	Mon Pairage
Anxious	Apprehensive	Worried	Irritated	Annoyed	Pleased	Focused	Нарру	Proud	Thrilled	
Repulsed	Troubled	Concerned	Uneasy	Peeved	Pleasant	Joyful	Hopeful	Playful	Blissful	,
Disgusted	Glum	Disappointed	Down	Apathetic	At Ease	Easygoing	Content	Loving	Fulfilled	
Pessimistic	Morose	Discouraged	Sad	Bored	Calm	Secure	Satisfied	Grateful	Touched	
Alienated	Miserable	Lonely	<b>Disheartened</b>	Tired	Relaxed	Chill	Restful	Blessed	Balanced	
Despondent	Depressed	Sullen	Exhausted	Fatigued	Mellow	Thoughtful	Peaceful	Comfortable	Carefree	
Despairing	Hopeless	Desolate	Spent	Drained	Sleepy	Complacent	Tranquil	Cozy	Serene	
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# Collective, group intelligence. (Matthew Syed, 2019)

### Conditions and principles

**Open-mindedness** 

**Flexibility** 

**Encouraging Risk-taking** 

**Permission** 

Listening

Freedom & Space

Communication

**Shared Vision** 





To be vulnerable

To take care – of yourself, & each other

To embrace unconditional positive regard

To think together



We hope you have a nourishing day