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MOVE MANCHESTER



LILO
LOST
IT



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BACKGROUND



STORY

Lilo is an adventurous little soul and has a scatty personality, sometimes she forgets things but she's not afraid to ask for help. Lilo lives life to the fullest taking risks and learning practical things like cooking, climbing mountains and paddling. She hasn't always understood her background as she was exposed to two opposite cultures and religions she learns to embrace both realising she doesn't have to pick one!

Lots of us have been born into this world and sometimes we don't know our roots but it's important to ask questions to understand better about family. It will help us to understand better who we are so we can love proudly and loudly!

THEMES

- Identity
- Joy
- Culture
- Belonging

DISCUSSION

What dish would you would cook for your loved ones?

Does anyone celebrate any traditions?

Where would you like to go on an adventure?





DANCE ACTIVITY



MUSICAL TREES

Dance your heart away as if you were a tree on the top of the mountain just like Lilo! When the music stops find a tree pose and hold still until the music begins again. Do this a few times, to make it harder balance on one leg, this means you have three branches now instead of two!

RHYTHM

start with a simple rhythm clapping the hands and get everyone to copy, then each go round in a circle and give a short rhythm that everyone can then copy. You also might want to try stamps or slapping the knees!

LEARN SOME MOVES

learn some of Lilo's moves by following this tutorial

https://www.youtube.com/watch?v=3Vw_r_61d8E&feature=youtu.be

then come up with your own moves inspired by this: 1. move like you 2. move that represents an activity/hobby you like to do (Lilo's is climbing mountains and paddling a canoe!) 3. anything you want!

PARTNER UP

share some of your moves with a partner or small groups, add these together and now we have some moves or a sequence that represents all of you!

if you want some music that inspired the show please feel free to use this playlist!

LINK - PLAYLIST

https://open.spotify.com/playlist/6NhxyWxHdUsQeIjTWVxqZz?si=JwDwlts5R4alj_CSU8LXww&pi=qdeLEM1gR_mK-

IF YOU WERE LILO, WHAT WOULD YOUR MAP LOOK LIKE?



- Draw a map (or use the example map)
- Pick 5 places you would like to go and add them to your map
- Decide how you would get there and in what order



6 THINGS THAT MAKE YOU YOU!

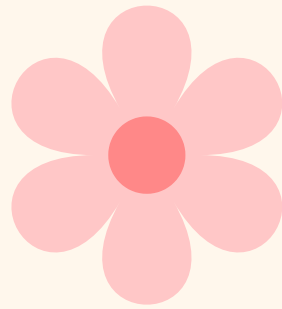
STEP ONE put your name in the centre of the flower

STEP TWO fill in the petals with words or drawings that makes you who you are. For example this could be what you enjoy doing, something about your personality (funny, caring, adventurous) or maybe you have a multi cultural background or is there something makes you different?

STEP THREE you should feel proud for all your petals!



KEEP BEING YOU!



RESOURCES - KS1 - 3 (DANCE TUTORIALS AND LEARNING)

<https://www.thisgirlcan.co.uk/disney-dance-alongs>

<https://www.bbc.co.uk/teach/school-radio/articles/zhtkxg8>

<https://www.bbc.co.uk/teach/school-radio/articles/zdbjkty>

